

討論環節 Panel Discussions



主持
羅永聰

香港大學文學學士及新聞碩士，曾於英國牛津大學擔任訪問學人。羅氏從事新聞行業 12 年，所撰寫之報道曾獲 SOPA 獨家新聞大獎和人權新聞獎；2012 年獲委任為財政司司長政治助理；2016 年離職，協助籌劃曾俊華先生的特首競選工程，並贏盡市民掌聲，甚至被譽為「香港最成功的選舉工程」；及後開設顧問公司，提供公共事務及公關服務，並擔任電台和電視台公共事務節目主持。

Moderator
LAW Wing-chung

After graduating from The University of Hong Kong with a Bachelor of Laws and a Master of Journalism, award winning journalist Law Wing-chung worked in the newsroom for over 12 years. He then joined the government in 2012 as Political Assistant to the Financial Secretary before leaving in 2016 to assist Mr John TSANG in his campaign to become Hong Kong Chief Executive in the 2017 election, a campaign widely acclaimed as one of the most successful political campaigns in Hong Kong. Law since launched his own consulting firm on public affairs and public relations and remains a part-time radio/TV host on public affairs programmes.

第一部分 Part 1

鄭嬋琦

藝術在醫院 及 社群藝術網絡總監；
香港展能藝術會副主席；
獨立策展人

鄭氏相信藝術為生命帶來無限可能，致力以中介者身份，將藝術帶入社群。她先後策劃香港藝術館《尋樂·經驗》展覽 (2009)、公共藝術項目《藝綻 @ 冬日》(2010) 及《藝綻公園》(2011) 等，以鼓勵大眾透過不同感官享受藝術，並培育新晉藝術人才。2009 年，其對推廣文化藝術的貢獻獲民政事務局長表揚。

Grace CHENG

Director of Art in Hospital & Community Art Network;
Vice Chairperson of Arts with the Disabled Association
Hong Kong; Independent Curator

Cheng believes art has the power to ignite life's infinite possibilities and has been acting as an agent to bring art into different communities, including people with disabilities. She curated several arts projects, including *Charming Experience* exhibition (2009) for the Hong Kong Museum of Art, as well as public art projects such as *Budding Winter* (2010) and *ArtAlive@Park* (2011), to enable visitors to enjoy art through different senses while also nurturing young artists. In 2009, she was commended by the Home Affairs Bureau for her contribution to the promotion of art and culture.



李穎 博士

香港理工大學專業及持續教育學院
社會科學、人文及設計學部副主任

健康心理學及流行病學資深研究者，多次於學術期刊發表論文；教學及研究的興趣範疇涵蓋社會心理概念有關的健康和疾病。李博士先後任職於澳洲衛生署及香港專上學院，擔任顧問；亦為香港聯合國教科文組織協會協理副會長，及全球可持續發展規劃師學會總監。

Dr Stephanie LEE

Associate Head of Division of Social Sciences, Humanities and Design
at College of Professional and Continuing Education,
The Hong Kong Polytechnic University

Dr Lee is an experienced researcher in Health Psychology and Epidemiology with publications in peer-reviewed journals. Her teaching and research interests include psychosocial concepts in health and illness. She has worked for the Australian Department of Health as well as in several Hong Kong tertiary institutions. A frequent advisor to government departments and statutory bodies, Dr Lee also serves as Associate Vice President of UNESCO Hong Kong Association and Director of World Institute of Sustainable Development Planners.



饒文傑

東華三院樂情軒精神健康教育及
推廣服務中心主任

饒氏為資深精神科外展社工，持有香港大學社會科學碩士（行為健康）、香港浸會大學社會工作學士（榮譽）學位，及香港教育大學學位教師教育文憑，曾榮獲優秀社工（新秀社工）獎。他近年主力發展朋輩支援及社區教育等項目；另擔任網上電台主持、話劇監製、微電影編導。著有《隨意門·重生》及《落入凡間的守護星》兩部以精神健康為題材的小說，並連續三年成為香港教育專業人員協會「普及閱讀獎勵計劃」親炙作家。

Francis YIU Man-kit

Supervisor of TWGHs Lok Ching Community Mental Health Education
and Promotion Service Centre

Yiu obtained a Master of Social Science (major in Behavioral Health) and a Post-graduate degree of Education and a Bachelor of Social Work, and is currently a registered social worker with extensive experience in mental health outreach services. He is keen on developing peers support services and community mental health promotion projects and received the Social Worker Award in 2010. He also works as a host of online programmes on mental health, producer of drama performance, and screenwriter and director of micro-movies. He is the author of two fiction story books with the theme of mental health, and was awarded the Popular Reading Award Scheme Writer, organised by the Hong Kong Professional Teachers' Union, for three years.



第二部分 Part 2

歐嘉敏

新生精神康復會表達藝術治療師；
新生會大樓庇護工場經理

現職表達藝術治療及設計師；表達藝術治療碩士，副修心理學。歐氏於應用復康、精神健康及復康藝術服務等範疇具豐富經驗，過去十多年積極參與新生精神康復會所舉辦的藝術發展項目，包括展覽及表演等；亦為復康人士、自閉人士、長者、照顧者及相關專業人士提供表達藝術治療工作坊。

何天虹 教授

香港大學社會科學學院副院長（研究生教育）、社會工作及社會行政學系教授、行為健康教研中心總監、表達藝術治療碩士課程總監

何教授任研究者、治療師、教師及表演藝術家多年，主要從事與藝術、表達藝術治療、生理心理學和身心靈醫學等有關的研究。她於2015年榮獲美國舞蹈治療協會傑出成就獎、研究獎，以及香港大學傑出教師獎；2016年獲澳洲及紐西蘭藝術治療協會頒發研究及發展獎；2019年再次榮獲美國舞蹈治療協會頒發研究獎。

梁玉麒 教授

香港中文大學社會工作專業應用副教授

梁玉麒教授擁有豐富教學及諮詢服務經驗，專注於認知行為治療、沉溺賭博問題、完形心理治療、壓力管理、團隊建立和家庭教育等範疇。他亦致力結合藝術、體驗式學習、正念練習和認知行為干預等，提供輔導；並先後與香港社會服務聯會、香港社會工作人員協會、香港電台、醫院管理局和學校等合作，舉辦主題工作坊。

Carmen AU Ka-man

Expressive Arts Therapist (Intermodal IDEC®), Manager of New Life Building Sheltered Workshop, New Life Psychiatric Rehabilitation Association

Expressive Arts Therapist (Intermodal IDEC®) and designer, Au graduated with a MA degree in Expressive Arts Therapy with minor in Psychology and is experienced in applying recovery, wellbeing and art in rehabilitation services. For over a decade, she has been actively involved in various art development projects, exhibitions and performances in the New Life Psychiatric Rehabilitation Association. She also hosts Expressive Arts Therapy workshops for people in recovery, autistic individuals, the elderly, carers and helping professions.



Prof. Rainbow HO

Associate Dean (Postgraduate Education) of the Faculty of Social Sciences; Professor of the Department of Social Work and Social Administration; Director of the Centre on Behavioral Health and the Master of Expressive Arts Therapy program, The University of Hong Kong

Prof. Ho has been working as a researcher, professor, creative arts therapist, dance teacher and performer for many years. She has published extensively in academic journals, scholarly books and encyclopaedia, and has been the principal investigator of many research projects related to arts, arts therapy, mind-body medicine, spirituality, and physical activity for healthy and clinical populations. In 2015, she received the Outstanding Achievement Award and Research Award from the American Dance Therapy Association, and the Outstanding Teaching Award from the Faculty of Social Sciences of The University of Hong Kong. She also received the Research and Development Award from the Australia and New Zealand Arts Therapy Association in 2016. In 2019, she again received the Research Award from the American Dance Therapy Association.



Prof. Timothy LEUNG Yuk-ki

Associate Professor of Practice in Social Work of the Department of Social Work, The Chinese University of Hong Kong

With extensive experiences in counselling services and conducting workshops ranging from cognitive behavioural therapy, gambling treatment, gestalt therapy, stress management, team building to family education, Prof. Leung's work has extended beyond teaching and has previously cooperated with The Hong Kong Council of Social Service, Hong Kong Social Workers Association, RTHK, Hospital Authority, as well as local schools. His practice brings together arts, experiential learning, mindfulness practice, cognitive behavioural interventions and Gestalt approach.

